



Natasha Cooper, NP-C, grew up in the small town of Liberty, Indiana. She fell in love with the “big” city of Indianapolis as a freshman at IUPUI where she came to faith through a campus ministry. With a new biblical worldview, she changed her major to nursing and minor to religious studies in hopes to someday use her degrees for mission work.

She graduated from IU School of Nursing in May of 2013 and soon was exposed to functional medicine as a patient at Fully Armored. As a bedside nurse, she became aware that much of health care was reactive medicine instead of focused on the prevention of disease. This led her to return to school to study Primary Care Medicine. She had the opportunity to conduct clinicals at Fully Armored and fell even more in love with the framework of functional medicine. She graduated from Indiana Wesleyan University with honors in 2020.

Natasha is married to Nate, and they have three beautiful children whom they homeschool. Natasha is also a certified biblical counselor and enjoys traveling, gardening, crafting, and roasting coffee.