



Ali's interest in the medical field was evident from an early age, as she often played doctor and setting up hospitals.

Her passion was further solidified during a "hands on" medical mission trip to Honduras her senior year of high school, leading her to enroll in nursing at Indiana Wesleyan University.

After graduating with her BSN in 2009, Ali's career was spent in high-acuity critical care hospital units, specifically the surgical and cardiovascular ICUs, where she loved the fast-paced environment and challenge. Despite her passion for critical care medicine, Ali wanted to pursue the opportunity optimize patient care by combining her love of medicine and functional health. This led her to enroll at Indiana University, where she graduated with honors in 2015.

Afterwards she and her husband, Tim, moved to the Pacific Northwest where Ali worked in urgent care in Seattle, WA. Ali and Tim returned to the Indy area in 2018 and Ali joined the Fully Armored team.

Ali and Tim have two spunky daughters, Addie and Laney. Ali loves working with kids, researching new health topics, and learning more about health and well-being. In her free time, Ali enjoys spending time with her family, spending time outdoors, crafting and reading.